

Penn State Club Sports Program Newsletter

Issue 7, Spring 2009



Congratulations!

Congratulations to the following 2008-2009 Club Sports Program Award Recipients:

Club of the Year	Women's Bowling
Most Improved Club	Crew
Male Athlete of the Year	Jake Winowich (Boxing)
Female Athlete of the Year	Corinne Thompson (X-Country)
Excellence in Martial Arts	Karate
Excellence in Indoor Activities	Rifle
Excellence in Outdoor Field Activities	Men's Soccer
Excellence in Outdoor Non-Field Activities	Cross Country
Excellence in Aquatics	Swim
Excellence in Aquatics-Boating	Crew
Outstanding Community Service	Equestrian
Outstanding Commitment to THON	Powerlifting
Organizational Excellence (Men's Club)	Men's Soccer
Organizational Excellence (Women's Club)	Women's Lacrosse
Organizational Excellence (Co-Ed Club)	Racquetball
President of the Year	Jess Appel (Women's Lacrosse)
Vice President of the Year	Samantha Pandolfi (Equestrian)
Treasurer of the Year	Tim Montgomery (Roller Hockey)
Secretary of the Year	Caitlin O'Neil (Equestrian)
Non-Traditional Officer of the Year	Eric Fedder (Crew)
CSAC Senior Member Award	Charlie Hall (Wrestling)
When It Rains It Pours Award	Crew

Dates/Reminders

5/8/09

Mailbox Keys must be returned to the club sports desk.

5/18/09

All Active Clubs for the Summer may begin activity as scheduled

***Clubs must cease all activity starting Saturday, May 2nd and are not allowed to hold practices or events during finals week**

Announcements



Sign up to sell tickets for the State College **Spikes game on August 31**, 2009. This will act as a *fundraiser* for your club and is a great way to start off the semester in terms of *recruitment*!

If you're interested in helping at Late Night White Building as a part of **community service for your club**, contact Joe Donald (White Building Coordinator) at jxd176@psu.edu.

Featured Club of the Month: Swim

Although it's only the fourth year of existence for the Swim Club, this year they took home their second 3rd place finish in the National Championships, held at Miami University of Ohio. The Championship was hosted by the American Swimming Association University League (A.S.A.U), which has over 55 clubs as members. 26 of these clubs were present at the National Championship, making it the largest national championship that Penn State Club Swim has seen yet.

Starting with only 10 members in 2005, this club has grown to a roster of over 130 men and women, 33 of whom traveled to nationals, where the men's team took home 3rd place, the women's finished 2nd, and the team as a whole placed 3rd overall.



But this club is not all about swimming; they are also active members of THON. As an independent organization, Club Swim raised almost \$30,000, which also makes them the highest earning club sport organization for THON 2009.

This club has certainly come a long way and is always looking for new members to help not only with competitions, but with THON and other activities around campus. Practices are typically held four times a week at the Natatorium. If you're interested, feel free to contact the club president, Matt Smiddy at mds5055@psu.edu.

Club News

Men's Gymnastics Club captured the National Championship at the NAIGC National Gymnastics competition this April. Clint Gyory won vault and placed 4th on pommels, second on rings, and second in the all around. Andrew McClain took 5th on rings. Katie Stoebe placed 3rd on vault and 3rd in the all around for the **Women's Club**.

Finishing 4-1 in their division and 7-7 for the season, **Women's Club Lacrosse** competed at the University of Rhode Island on April 18th and 19th in the Regional Tournament, where they finished in 3rd place. They started strong on Saturday, beating URI and Army. However, on Sunday they lost to Delaware in double overtime 9-8, placing them 3rd behind West Chester (1st) and Delaware (2nd).

Of 50 events at the A.S.A.U National Championships, 25 events had PSU swimmers in the top 5. The top two male performers include Steve Hilk, who won 1st for 100 backstroke, 25 backstroke, and 50 backstroke, and Matt Smiddy, who placed 3rd for 100 backstroke and 400 IM, and 2nd for 200 breast stroke and 200 Butterfly. Top two female performers include Mackenzie Brady, who took 1st for 400 IM, 2nd for 200 IM, and 4th for 100 IM, and Allison Pucul, who won 1st for 25 Freestyle, 3rd for 100 Freestyle, and 4th for 50 Butterfly.

Penn State **Indoor Winter Guard** competed in the Championships competition in Wildwood, NJ on May 1st, finishing in second place. They are currently in first place in their Tournament Indoor Association (TIA) circuit.

Three members of the **Rifle Club** received All-Conference honors; Ryan Guffey and George Peters were named to the Mid Atlantic Rifle Conference's All-Academic Team, and Nicole Harpster was named to the Mid Atlantic Rifle Conference's All-Rookie Team. Rifle Club also won the National Rifle Association (NRA) Collegiate Sectional in both Smallbore and Air Rifle.

Quote of the Month

"Sports remain a great metaphor for life's more difficult lessons. It was through athletics that many of us first came to understand that fear can be tamed; that on a team the whole is more than the sum of its parts; and that the ability to be heroic lies, to a surprising degree, within."

-Susan Casey

The weekend of April 24, members of the **Figure Skating Club** participated in this year's spring ice show at the Ice Pavilion themed "Whim-Sicle" with their program to Kanye West's "Love Lockdown," which was choreographed as a collaborative effort. This is the second year that the club has been included in the show.

The Baseball Club advanced to the NCBA World Series by winning the Mid Atlantic Regional Championship last weekend in Oneonta, NY. The club had to take down rival Pittsburgh on their way to the championship game and handily defeated SUNY-Cortland 14-2 to win another regional title. The Baseball club will travel to Fort Myers, FL for World Series play beginning May 22nd. The D2 team also advanced to the first-ever NCBA D2 World Series, held this weekend in Butler, PA, by winning their regional title.

Meet the Staff

Penn State Alum, co-founder of both the National Intercollegiate Running Club Association and the Road Less Traveled Running Camp, and former PSU Club Cross Country President ('06), Tommy Otterbine has been with the Club Sports Program, helping coordinate the program in order to benefit club needs and encourage their success since January 2008. He is originally from Hazleton, PA and attended graduate school at Western Kentucky University. Tommy is a competitive runner and also plays volleyball and tennis and loves to watch baseball and hockey. If you have ever stopped by our office it is certain that you've seen Tommy, and if you don't know him, you should get to.



Spotlight on...

Club Bowling member Liz Seibel received the following three awards for her outstanding bowling performance: The 2008-2009 First Team All-American award, 2008-2009 Rookie of the Year award, and the 2009 Collegiate Bowler of the year Program runner-up.

The **Division II Ice Lions** junior Von Mondevergine was named a 3rd team ACHA All-American in the Northeast region.

For the Students, By the Students.

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